



## Mission Statement:

Muncie Mission Ministries is a faith-based, not-for-profit agency that has brought hope to the poor, needy and homeless in East Central Indiana for over 80 years.

Our primary services take place in a Christ-centered environment designed to provide basic needs and teach life skills while guiding our residents through the difficulties that brought them to our doorstep. Our recovery program is centered on spiritual healing and enrichment.

*"The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'"*  
-Matthew 25:40



*"When you saw only one set of footprints,  
it was then that I carried you."*  
-Mary Stevenson

## ABOUT THE PROGRAM

The Liberty Street Recovery Program is a Christ-centered ministry for those struggling with addictions. Those on this path are not forgotten by God but purposely brought to a place in which we find Him to be Healer, Teacher and Father and learn to passionately rely on Him.

The trained counselors at Muncie Mission Ministries are also men who have journeyed with God and experienced the hills and valleys along His road. It is one rich in His provision of rescue and companionship. In faith we overcome barriers that feel impossible, in humility we are faced with our own faults requiring forgiveness from ourselves and others, in sin and ignorance we stumble into ditches that He pulls us out of, and with grace He continually starts us anew from the places where we fall, with unconditional acceptance. In God's design and with the help of those around us, we are learning to live in His strength rather than our own.

We welcome you to join us on this path at the Liberty Street Recovery Program.

# RECOVERY GOALS

for achieving successful sobriety



## PROGRAM ESSENTIALS

### Goal 1: Conviction (Steps 1&2)

The Client:

- Must take responsibility for his needs; medicines, appointments, etc.
- Is sincerely broken over the loss in his life caused by the addiction or impulsive behavior.
- Honestly identifies his need and desire for help.
- Can identify and name his primary addiction.
- Has expressed a growing interest in understanding who God is and what it means to have a relationship with God.
- Is able to verbalize his own need for God's power in his life.

### Goal 2: Salvation (Step 3)

The Client:

- Has made a sincere profession of faith and communicates a willingness to surrender his present lifestyle for a more meaningful relationship with Jesus Christ.

### Goal 3: Personal Inventory (Steps 4&5)

The Client:

- Is able to confidently identify and explain the origin of specific personality flaws within himself and the problems caused by them.
- Is developing a relationship with other men with whom he can confess his struggles and seek change through prayer.

### Goal 4: Character Change (Steps 6&7)

The Client:

- Has successfully established and accomplished counseling goals and learned to overcome stress and conflicts with peers.
- Accepts responsibility for his emotions and actions on a growing, consistent basis.
- Is able to identify character flaws and emotional patterns that either lead to or intensify conflicts with others.
- Uses specific recovery tools of his choice to manage his emotions and preserve relationships after conflicts.

For recovery to be successful, clients need to take ownership over their treatment plan. Goals are laid out by the client, time frames are agreed upon with ministry staff and thus a treatment plan is birthed.

As the client takes responsibility for his own mistakes and accomplishments, he can neither blame others for his shortcomings nor become dependent on them for the successes he desires. His confidence and self-esteem grow as goals are achieved and his new life of emotional maturity and sobriety deepens.



# VOCATIONAL REHABILITATION THERAPY

Liberty Street Recovery program strives to provide training for job readiness and the development of proper workplace attitude. Job skills are added to the observation list so that they can be sharpened as well. This process is a very critical element in the recovery success.



Residents work alongside ministry staff, other residents, and Mission employees to gain readiness attitudes. Supervisors help them work on those interpersonal skills along with job and leadership skills.



A Roper Starch survey<sup>1</sup> indicates that when a person applies for an entry-level job that potential employers value their attitude ten times more heavily than work skills. Dependability, honesty and the ability to follow instructions are more critical than some technical skills.

Additionally, ministry staff assists them in identifying work-related stresses that could trigger addiction relapses. By working through their responses residents become aware that these are potentially serious issues and could keep them from positive development.



## Goal 5: Relationships (Steps 8&9)

The Client:

- Has shown the ability to develop improved relationship skills.
- Has begun building a relationship with a church.
- Has drawn out a plan to reconcile damaged past relationships.

## Goal 6: Honest confession (Step 10)

The Client:

- Shows the ability and willingness to see his faults, confess them and strive to grow toward positive, biblical character change on a frequent (daily) basis.

## Goal 7: Intimacy with God (Step 11)

The Client:

- Is able to explain the biblical mandate for prayer, can explain over a consistent period how God has directed him and the scripture through which God has communicated those truths to him.

## Goal 8: Compassion for others (Step 12)

The Client:

- Expresses a desire to honor and obey God by meeting the needs of others. He is willing to tell others how God has worked in his life in the hope that his testimony may encourage others to move toward freedom in Christ.

## Goal 9: Preparation for transitional housing

The Client:

- Can confidently explain the 12 Step principles and identify where he is in that process.
- Has quit ALL chemical addictions including tobacco.
- Is gainfully employed.
- Is accountable and handling his finances in a biblically relevant, responsible and profitable manner.



# The 12 Steps with scripture

**Step 1** – I will admit that my life is out of control and that I need help.  
Luke 15:14 “After he had spent everything, there was a severe famine in that whole country and he began to be in need.”

**Step 2** – I have come to believe that God created me and that he can put my life back in order.  
Deuteronomy 4:35 “You were shown these things so that you might know that the Lord is God; besides him there is no other.”

**Step 3** – I will surrender my soul and life plans to the Lordship of Jesus Christ through confession and repentance.  
Romans 10:9 “That if you confess with your mouth, “Jesus is Lord”, and believe in your heart that God raised him from the dead, you will be saved.”

**Step 4** – I will make an honest survey of my personal strengths and weaknesses.  
Psalm 139:23-24 “Search me O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me , and lead me to the way everlasting.”  
1 Peter 4:10 “Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms.”

**Step 5** – I will confess my faults to God, myself and trusted others, asking for prayer so that I can experience healing.  
James 5:16 “Therefore, confess your faults to one another and pray for one another so that you may be healed.”

**Step 6** – I will become willing to ask God to change my sinful defects of character.  
James 4:8-10 “Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double minded. Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and he will lift you up.”

**Step 7** – I will humbly ask God to change my sinful defects of character.  
1 Peter 1: 6-7 “In this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that your faith – of greater worth than gold, which perishes even though refined by fire – may be proved genuine and may result in praise, glory and honor when Jesus Christ is revealed.”

**Step 8** – I will make a list of persons I have harmed and create ways to give back to them in the hope of restoring the relationship.  
Luke 19:8-9 “But Zacchaeus stood up and said to the Lord, “Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anyone out of anything, I will pay back four times the amount.”

**Step 9** – I will make a list of persons who may have harmed me and in prayer, forgive them, freeing myself from anger and unforgiveness.  
Matthew 5:44-45 “But I tell you: Love your enemies and pray for those who persecute you, that you may be sons of your Father in Heaven.”

**Step 10** – I will continue to take a daily personal inventory and confess my sin to God and others in the fellowship of believers for accountability.  
Galatians 5:1 “It is for freedom that Christ has set us free. Stand firm then, and do not let yourselves be burdened again by a yoke of slavery.  
Hebrews 10:25 “Let us not give up meeting together as some are in the habit of doing, but let us encourage one another – and all the more as you see the day approaching.”

**Step 11** – I will seek through meditation of scripture and prayer to build better fellowship with God and his people.  
Psalm 119:97 “Oh how I love your law! I meditate on it all day long.”  
Luke 18:1 “Then Jesus told his disciples a parable to show them that they should always pray and not give up.”

**Step 12** – Having been freed from the imprisonment of my addiction, I continue to practice the disciplines of these steps in my daily life and pray for opportunities to share the gospel message with others.

1 Peter 3:15 “But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander.”

